Empathizing the Hunger and Awakening Consciousness

By Jawad Sorosh

W orld Food Day (WFD) is celebrated every year on 16 October, in honor of the World Food Day, which was proclaimed by the FAO’s (the UN’s Food and Agriculture Organization) General Conference in 1979. World Food Day is observed to express our solidarity with those who suffer from hunger and poverty. This year’s theme is “Zero Hunger.”

According to the FAO, more than 800 million people are hungry worldwide. More than 2 billion people suffer fromhidden hunger, meaning that they do not get enough to eat to function properly. Hence, the World Food Day raises awareness about the importance of access to food and nutrition for everyone.

This year’s World Food Day theme-zero hunger-reminds us of the importance of food security and nutrition for all. In Afghanistan, where hunger and poverty are rampant, the government and international organizations should work together to ensure that everyone has access to food and nutrition.

Afghanistan is one of the countries where hunger and poverty are most prevalent. The country’s political instability, natural disasters, and lack of access to education and health care have led to high rates of malnutrition and undernutrition. The government and international organizations should work together to ensure that everyone has access to food and nutrition.

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