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The Holy Month of Ramadan

By Hujjatul Zia

The holy month of Ramadan is more than abstinence from food and drink during the hours of daylight. It is a time for spiritual growth, introspection and self-discipline. One has to refrain from sin, from the smallest vice to the most important sin. Many Muslims believe that abstinence from food and drink is a sign of their devotion to Allah. It is a way of showing their respect for Allah and their commitment to the Islamic faith.

During Ramadan, Muslims are encouraged to think deeply about their beliefs and their actions. They are encouraged to reflect on their goals and to strive to live a better life. Many Muslims also believe that Ramadan is a time to give generously to those in need. They are encouraged to help those who are less fortunate than themselves, and to make a conscious effort to be more compassionate and caring.

The month of Ramadan is also a time for family and community. Muslims are encouraged to come together and to share meals and to celebrate the holy month with their loved ones. They are encouraged to be kind and understanding to one another.

In conclusion, Ramadan is a month of spiritual growth, introspection and self-discipline. It is a time for Muslims to reflect on their beliefs and to strive to live a better life. It is a time for Muslims to give generously to those in need and to be kind and understanding to one another.

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