Managing Population in a State

T here is no short cut to any spontaneous method to decrea se the number of people in a particular community and adjust them with the available sources and resources of the country. On the other hand, however, it requires a long-term plan ning with an effective and an efficient organization on the coun try level to make the people conscious about the rapid growth of population and to change their old views about the family and the nation. In the western country and in some of the neighboring countries such organized programs like family planning are gain ing the appreciation of the government and the people. According to the prevailing conditions, family planning is the only remed y to curb the natural increase of population and to lead a prosper ous and richer life in better ways.

The concept of family planning is not clear for a layman. Family planning does not imply the absence of children or sterilization but it is only a rate reproduction and nothing unnatural of course. Family planning can be in the form of various things. Family planning includes an eff ective measure to check the rapid growth of population and provide a happy life both for the parents and the children. Family planning is nothing but planned parenthood, i.e., reproduction of the child with a reasonable interval between the first and the second baby without affecting the health of the mother and socio-economic status of the family unit. The number of children in the family should be according to its resources and it should not be too large to make proper socialization and education of the children difficult for the parents.

It is vital to understand that high growth population exerts pressure on national efforts for future economic growth and development and simultaneously diverts resources from productive use to more consumption and creates greater demand for more and more civic amenities. Therefore, it is important to adopt a compre hensive national policy to deal with the situation of rapid growth of population so that both the nation and the individuals benefit.

Population planning is certainly beneficial in the families with low income, less literacy, already too many children and such other circumstances. Apart from health and development programs, the family planning offers the advantage of a higher birth rate among the parents. For example, in the United States, the average number of children per family is 2.5, while in several developing countries it is around 5. In Pakistan, the average number of children per family is 5.5. The high birth rate in these countries is due to the lack of access to family planning services.

One of the major advantages of family planning is that it helps to reduce the number of children in a family, which can lead to lower expenses on food, clothing, and education. This, in turn, can help families to improve their economic status. The same kind of effects can be seen for the nation as a whole, where a lower birth rate can lead to higher economic growth and development.

There are many health benefits as well that are attached to family planning. For example, a smaller family size can help to reduce the risk of child mortality, as there are fewer children to care for. Additionally, family planning can help to reduce the risk of certain health problems, such as maternal mortality, which is a major issue in many developing countries.

In conclusion, family planning is a crucial aspect of population control and development. It helps to reduce the number of children in a family, which can lead to lower expenses on food, clothing, and education. This, in turn, can help families to improve their economic status. The same kind of effects can be seen for the nation as a whole, where a lower birth rate can lead to higher economic growth and development.

By Byad Hami B

Introduction

After Ahmad Khan’s coup in 1973, the situation of Afghan children re turned as it was before. The Communists, Mujahideen, and Taliban periods reenacted the situation of Afghans, who suffered from the worst situation during the Taliban era. After the fall of the Taliban regime, Afghanistan has been facing the worst economic situation, political situation, and security situation. Afghanistan has been facing the worst situation due to the increasing number of population. In recent years, Afghanistan has been facing the worst economic situation, political situation, and security situation.

Since the formation of Afghanistan until the time of King Amanullah Khan, Muslims have not participated in any political activity. Women were recipients who have not participated but have also been part of the public eye. The position of women has been improved, but for a longtime, during the time of Amanullah Khan, the status of women in Afghanistan changed slightly. Queen Soraya's marriage with the King of Afghanistan had no legal approval and on the occasion of the Shah's Coronation, Independence Day Celebrations - 1936, and the move changed the situation of Afghan women, thereby, to some extent. After that, Afghan women could have been somewhat visible in public life. But still, Afghan women were Dead in usage, and they were not allowed to use any profession. The first Afghan women’s organization – Organization for Women’s Protection (Organisation pour la Protection des Femmes) was established in 1914 – during King Amanullah Khan era by his sister, Sofia for the purpose of women’s ad visement and consultation. This organization encouraged women to take their complaints, as well as advocated for women’s unity and fought against the ideology of the Men’s Movement. Nonetheless, Organization for Women’s Protection fought for women’s rights and freedoms - the right to education, the right to vote, and the right to travel in individual and collective frameworks vi a freedom of speech, gatherings, political and civic activities, and legal affairs.

With the overthrowing of Amanullah Khan’s rule and falling political power in the hand of Habibullah Kalami, women’s position returned to its former status. The situation of women at the time of Afghanistan’s third republic was similar to the situation in the 1960s-1970s. The legal constitutional law forced the Afghan women to be placed at the bottom of the ladder. There were two major events that had twenty members of the Afghan Women’s Alliance Organization with the suggestion and following up of United Nations Development Program (UNDP) under the leadership of Dr. Habib Khan. In Kabul, Mohammed Zafr Zahir’s school was allocated a place of land to the women. It was a new era for the women; the boundaries of work, commerce, and land were built. The activities of the High Institute of Women were limited to education and women could not be the owners of the women’s name. The condition of Afghan society was changed to “Mehr” in 1842, under the supervision of the Ministry of Labor and Social Affairs of Afghanistan. And, its activities focused on further developing the women’s movement and their participa tion important process on strengthening the position of women in Afghan society.

Afghan Women Politics

In 1944 (November 1949), the Afghan Democratic Women’s Organization (AFDO) was founded by the Afghan civil rights, Memarullah, and Jamshid Inshad in Kabul. The activities of the organization are considered as the first steps in the political and social history of Afghanistan. In the beginning, the members of the women’s society organized and, before the political situation and the situation of the government, the members of the women’s society established. The primary women members of the whisket Jega wasted to approve a law prohibiting the education of Afghan girls abroad, but, with the arrangement of thebaum of the government of Afghanistan, and the result of the law was proposed and considered it to the constitutional law and equality of Afghan women rights of men. As a result, the whisket Jega abandoned this proposal. In 1971, the father of the extremist wing, King Mohammad Zahir, and girls who wish to go abroad have been proposed and suppressed on some of them with acid. The organization organized many activities in the city in a month’s mourning and called for inspections and punishment of the perpetrators. In 1973, the government also arrested and imprisoned a number of perpetrators.

Provincial councils, which are very old women’s organizations in Afghanistan and the region, some established during the era of the Pahlavi dynasty and are well-organized. Some of them are: 500,000 members, 30 Provincial Councils, 25 City Councils, 30 District Councils, and 3000 Primary Organizations. Or Aabasha, Or, where it played an important role in establishing provincial councils.

Without Regaining the Right to Form Afghan Women, Afghanistan experienced a very difficult period in the late 20th cen tury, accompanied by restrictions on women’s rights, constraints, and circumscribed women’s responsibilities to do householding. The restrictions imposed on women’s rights by the regime, such as freedom of expression, freedom of speech, gatherings, political and civic activities, and legal affairs,

By Jorge G. Castañeda

President Donald Trump has been the world’s worst head of state, not only for the worst head of state in American history, but also the worst of all time. He is the first American President to have been impeached, and faces the possibility of being the first to be removed from office by Congress. His most recent decision, to kill the top military commander in Iraq, probably does not reflect the views or opinions of the Daily Outlook Afghanistan.

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