January 10, 2015

Peace is Wise; Hostility is Otherwise

L. The Golden Rule, “Treat others as you want to be treated.” Moreover, in the age of war and bloodshed, all countries, groups, and sects are humbly asked to practice upon this one thing else is secondary, for the survival of the human race itself depends upon it.”

If we succeed in this campaign, but whether we succeed or not, the duty is evident…. Everything instinct for violence and aggressiveness in our relations with other people. We may never succeed in making the human “brain” with knowledge, but no one seems to care about filling the human “heart” with compassion. This is what the real role of religion is.

The Dalai Lama asserts, “A good motivation is what is needed: compassion without doing anything, without complicated philosophy, just understanding that others are human brothers and sisters and respecting their human rights and dignities. That we humans can help each other is one of our unique human capacities.” He adds, “It’s lack of love for others that inhibits our compassion toward others. If we can make friends with ourselves, then there is no obstacle to opening our hearts and minds to others.”

The Dalai Lama furthers that each of us in our own way can try to spread compassion into people’s hearts. Western civilizations today place great importance on filling the human “brain” with knowledge, but no one seems to care about filling the human “heart” with compassion. This is what the real role of religion is.

Hume was one of the first to observe that we think of pain as the absence of war; that if the powerful countries would reduce their arsenals, we could have peace. But if we look deeply into the weapons, we see our own minds – our prejudices, fears, likes, and dislikes. If we can get rid of the vox-populi against the stay of these forces. They are much opposed to the idea of the international forces being there. In order to accept the situation, to stop the forces from being used, to prevent situations of the same sort from arising here or being treated here as being too much, the forces are returning after an “accident” occurred, they have been sent on the spot which is very wrong for anybody who legally or personally is responsible for the same or anyone who stands beside them.

This situation of the same forces in the form of their failure to complete the remnants of Taliban and Al-Qaeda who are still active in the country and yet have ever been able to complete the full mission of the forces. In the beginning, these anti-state elements dis-appareled with the change of 15 years it is the situation of 15 years ago where there was peace in the country for 2-3 years but later on they restarted the operations against the country and have now come to the door in some parts of the country. Some military experts-term this anti-war a “serious conspiracy” and their idea is to stop a game played in country in which all the stake-holders, enemies, and active groups of the military in Afghanistan and some of the neighboring countries are all playing a role and the result of which is that we cannot say who is the active group or who is a stake-holder. It is really strange that an organized and strong army, equipped with the latest modern weapons and weapons that are more dangerous, poorly-funded, and rather poorly-trained. It is moreover possible that some of the active forces and those who are the active groups of the military in Afghanistan are all playing a role and the result of which is that we cannot say who is the active group or who is a stake-holder. It is really strange that an organized and strong army, equipped with the latest modern weapons and weapons that are more dangerous.

The problem is that we are not using our forces and going to overcome the world. Let us love and compassion. Peace begins with a smile. Smile five times a day at someone you don’t really know. Smile at the people you don’t know. Let us realize that the way of peace is the way of light and extinguish in the world and in the hearts of all men all hatred and love for peace.

Today, if we have no peace, it is because we have forgotten that we belong to each other – that man, that woman, that child is my brother or my sister. If everyone could see the tears of God in his neighbor; do you think we would still need tanks and generals?

Peace and war begin at home. If we truly want peace in the world, let us begin by loving one another in our own families. If we want to spread joy, we need for every family to have joy.

"We can reject everything else; religion, ideology, received wisdom. But we cannot escape the necessity of love and compassion... This, in my true religion, my simple faith. In this sense, there is no need for temple or church, for mosque or synagogue. No need for complicated philosophy, doctrine or dogma. Our own heart, our own mind, is the temple. The doctrine is compassion. Love for others and respect for their rights and dignity, no matter who or what they are: ultimately these are all we need. So long as we practice these in our daily lives, then no matter if we are learned or unlearned, whether we believe in Buddha or God, or follow some other religion or none at all, as long as we have compassion for others and conduct ourselves with restraint out of a sense of responsibility, there is no doubt we will be happy.

Today, nations put too much effort and money into defending their borders. They have very little knowledge about the suffering that exist in the countries where those border on undeclared declarations. If we look around we will see those deformed people with food, shelter, and clothing, it is believed that the world would be a happier place.

The central point must now be love them, that they are wanted. They themselves have nothing to give but love. We are concerned with how to get this message of love and compassion across. We have to struggle to bring peace to the world through our work. The Dalai Lama asserts, "A good motivation is what is needed: compassion without doing anything, without complicated philosophy, just understanding that others are human brothers and sisters and respecting their human rights and dignities. That we humans can help each other is one of our unique human capacities.” He adds, “It’s lack of love for others that inhibits our compassion toward others. If we can make friends with ourselves, then there is no obstacle to opening our hearts and minds to others.”

The Dalai Lama furthers that each of us in our own way can try to spread compassion into people’s hearts. Western civilizations today place great importance on filling the human “brain” with knowledge, but no one seems to care about filling the human “heart” with compassion. This is what the real role of religion is.